

Horario de las sesiones AUDITORIO

INICIO	FIN	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
9.15	10.15	HATHA I-II Tania		SIVANANDA Tania				
9:30	10:45					VINYASA II Vanessa		
10:00	11:00		VINYASA I Daniel					
10:00	11:15				IYENGAR II Dena			
10:30	11:30					VINYASA Fidel/Stefanie		
11.00	12.00							HATHA María/Dena
14.15	15.30		HATHA I-II Sara					
14.15	15.15	VINYASA I-II Daniel		VINYASA I Stefanie	INTRO ASHTANGA Pablo			
15:30	16:30							
18:15	19:15	ROCKET I Fidel		YIN YOGA Maria	D-GRAVITY Bikie	INTRO AL YOGA Stefanie		
18:15	19:30		ASHTANGA Pablo					
19:25	20:25	HATHA VINY I María		HATHA VINY II María	HATHA I-II Fidel			
19.40	20.40		IYENGAR II Dena					
20.35	21.35	VINYASA I-II Vanessa		VINYASA I Pablo	ROCKET II Fidel			
20.50	21.50		D-GRAVITY II Alba					